



## Fluoride Toothpaste Tips for Kids

	<p>Fluoride toothpaste is a safe way to prevent tooth decay</p>
	<p>When you see your child's first tooth, it's time to start brushing with toothpaste 2 times a day</p>
	<p>Make sure to use the right amount of toothpaste for your child's age</p>
	<p>Parents are in charge of putting the right amount of toothpaste on the brush</p>
	<p>Always keep toothpaste in a safe place, away from children</p>
	<p>Teach your child to spit out the toothpaste and not to swallow it</p>