Men's Healthy Relationship Group

Facilitated by **Safe at Home**

a Women and Gender Equality Canada (WAGE) Project led by Rowan House Society

A free, 10-week online group for men, aged 18+, who recognize abusive or destructive behaviours in their intimate relationships, and are looking for support in developing skills to respond in a healthier way.

Thursdays, 6-8pm starting January 28th

Visit www.rowanhouse.ca/safe-at-home for details or email: jimm@rowanhouse.ca to register.