



Virtual Baby Group with Okotoks Public Health

Who – Families with babies under 12 months who live in the County of Foothills, Okotoks and surrounding towns

What – Time to learn, connect and build strong brains while practicing physical distancing

Where – From the comfort of your own home! We will meet virtually via Zoom

When – Weekly or biweekly dependent on need and staff capacity

Why – We want you to know that we're in this together even though we have to be physically apart

How – A link for the meeting will be emailed out 2 days prior, feel free to join us at any time that is convenient for you and your baby. All resources and a summary will be sent out by email for those who are unable to attend.

Interested? If you are interested in joining our virtual meetings, or even in just receiving the information and resources please email Susan.Hass@ahs.ca

NOTE--We are not able to answer any personal questions via email due to privacy guidelines.