

### ALBERTA INCOME SUPPORT

Family Violence help with costs to leave.  
You may get: Emergency transportation to a safe place (for example, women's shelter); costs to stay in a hotel or motel for a short time if shelters are full or not available; an allowance to buy personal items not provided by the shelter and other support

Need to be a least 18

#### **Family Violence Information Line:**

[310-1818](tel:310-1818) to get help anonymously in more than 170 languages

**Weekdays** Hours: 7:30 am to 8 pm

**Toll free:** [1-877-644-9992](tel:1-877-644-9992) (in Alberta)

**Toll free:** [1-866-644-5135](tel:1-866-644-5135) (in Alberta)

**Contact** Hours: 24/7 all year

Toll free: [310-1818](tel:310-1818) (in Alberta)

<https://www.alberta.ca/family-violence-costs-leave.aspx>

### COMMUNITY FUTURES

A Creative Self Employment Program designed to assist students and youth in our region to turn their ideas into jobs. They will provide tools and resources to youth who wish to start, grow and fund their businesses.

**Phone** (403) 995-4151

**Address** 14 McRae St, Okotoks, AB T1S 1K1

[highwood.albertacf.com/frontpage](http://highwood.albertacf.com/frontpage)

### GOVERNMENT OF CANADA

#### Benefits

General information and Education planning and Student Aid

<https://www.canada.ca/en/services/benefits.html>

### GOVERNMENT OF CANADA

#### Jordan's Principle

Jordan's Principle responds to unmet needs of First Nations children no matter where they live in Canada. Under Jordan's Principle, we can:

- inform families about the help available for their child and how to access it
- coordinate access to products, services and supports

provide funding when it's needed to make sure products, services and supports are accessed without delay. Access to

- Jordan's Principle representatives across Canada
- local service coordinators in First Nations communities or organizations across Canada (contact your local Jordan's Principle representative to get this information)

Contact- Jordan's Principle Call Centre: 1-855-JP-CHILD (1-855-572-4453), open 24 hours a day, 7 days a week

email: [aadnc.infopubs.aandc@canada.ca](mailto:aadnc.infopubs.aandc@canada.ca)

teletypewriter: 1-866-553-0554

### KIDSPORT SOCIETY OF ALBERTA

Available in Okotoks, High River and MD.

Sports funding for children ages 6-18 years removing financial barriers

#### High River

Call - 403-202-0251

Okotoks & MD

Call- 403-831-7529

General information

1-888-914-5437

<http://www.kidsportcanada.ca/apply-for-assistance/>

### MONEY MENTORS

FREE phone or in-person Financial Consultations across Alberta. Offices in Calgary, Edmonton, Red Deer, Lethbridge, Medicine Hat and Grande Prairie.

- Credit Counseling
- Money Coaching and more

Call 1-888-294-0076

Monday to Thursday 8 AM to 8 PM

Friday and Saturday 9 AM to 5 PM

<https://moneymentors.ca/contact-us/>

Calgary head office is located on 11 Street, north of Deerfoot Meadows.

### OKOTOKS FAMILY RESOURCE CENTRE

**EMERGENCY FOOD-** General guidance and \$25 gift vouchers

**REC FEE ASSISTANCE** – Apply on line. Supports children 6-18.

Residents may qualify for a maximum of \$200 subsidy annually toward the purchase of Town of Okotoks facility passes and programs.

For more information

<https://www.okotoks.ca/discover-okotoks/social-well-being/okotoks-family-resource-centre/programs-and-services/recreation-fee>

11 Cimarron Common, Okotoks

Phone 403-995-2626

Hours Mon- Friday 9-12 1-4(call)

Email [familyresources@okotoks.ca](mailto:familyresources@okotoks.ca)

Website <http://www.ofrc.c>

**CALGARY** - Information on youth services and organisations see Calgary Youth Services Guide

[https://www.calgary.ca/CSPS/CNS/Documents/youth\\_services\\_guide.pdf?noredirect=1](https://www.calgary.ca/CSPS/CNS/Documents/youth_services_guide.pdf?noredirect=1)

**GENERAL INFORMATION CALL 211**